

# BOLD

THE MAGAZINE BRESCIA ALUMNAE CHOOSE TO READ



## BACCALAUREATE 2010

Baccalaureate speaker Tina Bax encourages grads to look ahead and live fully today.

*plus*

## VALEDICTORIAN ADDRESS

Elise Maiolino exemplifies Brescia spirit with inclusive speech.

## BRESCIA PROFESSOR STRIKES POETRY GOLD

SPRING/SUMMER 2010





Photograph by Jason Selinger.

## Greetings from Alumnae Association President

CATHY DAVIDSON ('76)

**AT BRESCIA, SPRING SIGNALS THE TIME FOR BACCALAUREATE AND THE LATEST GRADS ABOUT TO START THE NEXT LEG OF THEIR JOURNEY. WELCOME CLASS OF 2010!**

In my years as a student at Brescia, I felt that people took the time to get to know me and to know what was important to me. They were there if I was facing an exciting event or an unusual challenge. Whether it was some of the Sisters accompanying us to "The Ox Box" to celebrate when one of my fellow students won the presidency of the Western

Student Councils' or the support of Sister Ruth Marie, the Dean of Students, I knew that I was part of something special, that couldn't possibly be duplicated anywhere else. Fellow students, whether living in residence or off campus, at home or away, formed a very special bond, a sisterhood that was and remains a fabulous network of women. Like those who filled the halls both before and after me, I am sure that our class was a force to be reckoned with. We also helped to form the traditions, the history, the memories, and the future.

It is nice to know that we have the distinction of attending Canada's only women's university, that our graduates rise to distinction in many facets of their lives, and that we offer opportunities to learn that aren't easily available anywhere else. But that is just a very small part of what makes us Brescia.

Students are Brescia's most important assets. I have always felt, as both a student and an alumna, that we are valued by the Sisters, the faculty, the staff, and each other. As students, as alumnae, and as volunteers we are Brescia!

**COVER PHOTO:** Valedictorian Elise Maiolino was "humbled and honoured" to represent the Class of 2010 at Baccalaureate. **ABOVE:** Alumnae Council President Cathy Davidson ('76) and Dr. Colleen Hanycz (right) welcomed the Class of 2010 at the beautiful Baccalaureate ceremony at St. Peter's Cathedral on May 2, 2010. Photograph by Jason Selinger.

## From the Principal's Pen

DR. COLLEEN HANYCZ

### WHAT DOES IT MEAN TO BE STUDENT-CENTRED?

This year we identified four key attributes that define the Brescia experience—student-centred, compassionate, invigorating, and empowering. I thought it would be appropriate at the end of the year to reflect on what we mean by student-centred. At Brescia, we take great pride in our ability to respond directly to the shifting needs and desires of our students through all aspects of their education. One of the great benefits of our size is an ability to be nimble in anticipating and responding to changing student needs.

**"ALL OF THIS SERVES TO MAKE BRESCIA EVEN BETTER AT WHAT IT HAS BEEN DOING SO WELL FOR 90 YEARS—CREATING RICH, SUPPORTIVE, RIGOROUS INTELLECTUAL, SOCIAL, AND SPIRITUAL OPPORTUNITIES FOR THE STUDENTS WE SERVE."**

Over the past year Brescia has developed a new student-centred initiative—the Brescia Faculty Institute at which our faculty members gather at the end of each of the three academic terms to spend a day focusing on some aspect of our student body that will allow us to be better teachers. We have looked at some fascinating brain research around women learners, an expansive review of internationalization and its impact on the classroom, and most recently an insightful snapshot into the "millennial" cohort—students born between 1980 and 2000. All of this serves to make Brescia even better at what it has been doing so well for 90 years—creating rich, supportive, rigorous intellectual, social, and spiritual opportunities for the students we serve.

## A WORD FROM THE EDITOR

JULIE MALTBY



THOSE RECEIVING THE BRESCIA BROADCAST E-NEWSLETTER IN FEBRUARY WERE INVITED TO COMPLETE A READERSHIP SURVEY OF YOUR ALUMNAE MAGAZINE, WHICH INFORMED THE FRESH NEW DESIGN YOU NOW HOLD IN YOUR HANDS!

Here's a numeric breakdown of what we learned from the alumnae who completed the survey:

- 75% of respondents graduated in the past 30 years;
- 64% are reading the magazine in its paper format, and 36% read it online;
- Most reported that the *Bulletin* has helped them to feel moderately to highly connected to Brescia;
- 64% rated the magazine as a valuable alumnae benefit.

You inspired some new features that you'll see in this issue of *Bold*. Yes, we've changed the title for stronger identification of the magazine as a current Brescia publication. And, the sub-title makes it clear that the magazine is for alumnae. Rather than one alumna profile, we'll be featuring a recent (or young) alumna and a more mature alumna in each issue. By special request, Ed Bell is this issue's subject of the "Get to know..." feature, which includes new questions that reveal more interesting details about the person profiled.

You will read sad and momentous news about some of the Ursuline Sisters in this issue, and you will continue to read about them in future issues, because you told us that you want to know what they're up to.

The magazine is now being printed in full-colour and has been expanded by four pages to make the most of your request for a greater number of photographs and anecdotes or memories of historical significance.

Your feedback has also inspired a new feature, which requires alumnae participation. Women are natural story-tellers, often passing a family's history from generation to generation through casual conversations over dinner, in journals, and in photo albums. I invite you to consider an alumna you know who you think deserves to be profiled or has an interesting story that simply must be shared with other alumnae. Become an Alumna Author and submit a written profile about her! And, if you're an alumna living outside of Canada, tell us about your experiences. Alumnae want to read about international adventures.

*Bold* is your magazine. Each milestone, photo, and article within its pages is for you. To borrow a line from Barbara Walters, "We'll be in touch, so you be in touch."





Photograph by Jason Selinger.

# *Class of 2010 Valedictory Address*

Elise Maiolino exemplifies the Brescia spirit with her inclusive speech.

**I AM VERY HUMBLLED AND OVERJOYED TO HAVE THE OPPORTUNITY TO DELIVER THE VALEDICTORY ADDRESS THAT BRESCIA'S 2010 GRADUATING CLASS HAS PREPARED COLLECTIVELY.**

Brescia University College is truly unlike any other university in Canada. As Brescia students we stand on the shoulders of many remarkable women who have come before us. And, although each of us has chosen different paths that have led us to this point in our lives, we are all part of a tradition that binds us. We are part of a community that weaves together the stories of generations of women who are leaders, who are not afraid to stand against the status quo, and who work to change our world for the better.

When we think back to the very beginning, some of us would never have imagined we would be in the places we are today, ready to enter the workforce or moving on to post-graduate and professional programs.

Our academic journey has not been an easy one. We have taken part in our fair share of all-nighters. We all struggled to meet deadlines. We have lived in the library. Thankfully, our journey was eased by the tremendous support provided to us by our professors. Who knew that Statistics was actually possible, that Philosophy could make sense? Who knew you could memorize so much information about food and nutrition and learn to label what seems like endless structures of the brain?

How many other university graduates could say that their average university class size was 27 students, say that their professors knew their name, say that they could have coffee with their principal, or introduce their parents to teachers? How many could say, as Kate Bryant can, that they helped develop a summer camp for girls? Or, as Stefanie Bultje can say, helped create a student group called "Workshops for Change"?

What many of us have come to realize is that Brescia cannot be reduced to a single classroom. It is not the bricks that make up the building. It is not just a lecture hall or an auditorium. Brescia could be in any other city or on any other hill. Brescia really is the people. As exiting Students' Council President Stacey Hall often reminds us, "The Brescia community is full of familiar faces and amazing individuals who have left permanent marks on each other's lives."

Where has the time gone? Brescia student Paula Brownlee would suggest future Brescia students not blink because before you know it, it is all over. Fellow student Rachel Morgan reminds us graduates that, yes, we now have a degree but what comes with this is great responsibility and a chance to create change in the world we live in. Brescia graduates, we've come a long way and we should expect a lot from ourselves. We are now called upon to go out into the world, be innovative, be bold, and lead.



Tina Bax, President of Culture Works, encourages grads to look ahead to live fully today.

**“THESE DAYS” WILL QUICKLY BECOME THE “REMEMBER WHEN” DAYS. LIKE ANYTHING ELSE THAT’S SCARCE, WE SELDOM APPRECIATE IT UNTIL IT’S GONE.**

What do you want people to say about you at your retirement? Five years ago I wrote my own retirement speech. Revisiting it every year has changed the person I am. It serves as a reminder of what I want to do, and how I have fewer years to accomplish it all.

A retirement speech has five simple (but not easy) questions:

**1. How do people feel when you walk into a room?** What do they hear? Is it a positive attitude or a bunch of complaints? Do they feel more appreciated or diminished? People never forget the way you make them feel.

**2. What do you give to others?** Do you look out for opportunities for them? Do you search for ways to give them credit? Do you mentor them? Will they talk about how you sent “thank you” notes? Have you volunteered for causes bigger than yourself?

Think of someone who has given you a lot—of time, energy, and motivation. Think of someone who has believed in you when others didn’t or couldn’t. How have you shown your appreciation?

**3. What do you stand for? What is most important to you? Where do you draw the line in the sand?** Look at your innate talents. When I was a child, my report cards stated that I was bossy, and I talked too much... Today, I try to be the best boss I can be, and use my voice to raise people up and provide them with opportunities.

**4. What characteristics are you trying to improve?** One thing I heard a lot from people is that they knew I was really busy. I asked myself what I did to give off that vibe that might make them feel I’m too busy for them and then decided to:

- Stop physically hurrying;
- Make them feel special and welcome when they do venture into my office;
- Listen more and talk less. Pause and think before responding.

This can be the most powerful part of your speech, especially as you revisit it year after year.

**5. What do you hope to achieve in your life?** Think about specific goals but also the larger picture. What kind of mark will you leave? What do you want to be known for? Do you have balance in your personal and professional lives? Do you live with joy, every day? How will you know you’re on the right path? What will your success metrics look like even one year from now? What do you hope to achieve?

These are the things that you’ll be remembered for. Park your speech on your desktop, and instead of making New Year’s resolutions, resolve to revisit this once a year and reflect on where you’re going.

Photograph by Jason Selinger.



*“Start where you want to end up, and work backwards.”*

TINA BAX  
2010 BACCALAUREATE SPEECH



## Young Alumna Profile: Kimberly Zammit ('10) Graduates as "Queen of Recipe Analysis"



New alumna Kimberly Zammit is not unlike other graduating students. She is looking forward to the opportunities that lie ahead. What distinguishes Zammit from many of her classmates is her age and experience before entering the renowned Foods and Nutrition Program at Canada's premier women's university.

A mature student at age 29, Zammit decided to make a career change; she was managing a farm and industrial hardware store when she decided to follow her heart, and the online research, to Brescia. "I always wanted to be a dietitian, trying to make healthy versions of everything. I'd been out of school for a long time. I did research on becoming a dietitian and kept finding all these dead ends. Then Brescia came up and I was happy to learn it's in London and affiliated with Western."

Zammit has taken advantage of the opportunities afforded her and has realized success as a contributor to five beautiful hard-cover cookbooks. She has developed or altered hundreds of recipes and completed nutrient analysis for cookbooks dedicated to guilt-free decadent foods, gourmet baby food, foods to improve the nutritional value of breastfeeding, and a book to raise funds for autism research. In addition to her studies and work on the cookbooks, Zammit continues to work part-time as a dietary aid.

Her part-time job led to the first cookbook project in 2006. The owner of Kensington Village, the

long-term care facility where she works, and who sits on the board for the Turkey Farmers of Canada, offered her the opportunity to complete nutrient analysis for all of the recipes in a cookbook they produced. When Zammit arrived at Brescia, Dr. Len Piché, professor of Foods and Nutrition, encouraged her to take on the project and helped her to complete the book. She discovered she has passion and skill for this kind of analysis.

"I want to start my own business in recipe analysis. Dr. Piché encouraged me to do this because I've already done work without advertising myself. And, I will see what other avenues I can explore," Zammit said. Piché describes Zammit as the "Queen of Recipe Analysis." The two are working on another cookbook now.

While Zammit may wish she had applied to university sooner, she acknowledges that her life experience is valuable to her and to the faculty and staff at Brescia. "They give people an opportunity that you don't always find at university. There are a lot of people who might not have the top marks or might not have come directly from high school. Brescia doesn't base everything on your high school transcript. Life experience is important, too. Brescia gives people a second chance to fulfill their dreams."

It's not too early to start considering outstanding alumnae you know for next year's Carmelle Murphy Alumnae Award of Distinction and the Young Alumnae Award of Merit. For more information and to submit your nomination, visit [www.brescia.uwo.ca/alumnae/awards](http://www.brescia.uwo.ca/alumnae/awards) or contact Colleen Aguilar at 519.432.8353, ext. 28071 or e-mail [caguila@uwo.ca](mailto:caguila@uwo.ca). Deadline for nominations: July 2010.



## Alumna Profile: Mary Brown is on the Right Page

Throughout her 25-year career as a teacher and principal, Mary Brown ('82) could often be found with her nose in a book or encouraging others to read. It's not surprising that assuming ownership of the Village Bookshop in Bayfield, Ontario seemed like a feasible move after retiring from the Huron-Perth Catholic District School Board in June, 2007.

The first member of her family to attend university, Brown was an enthusiastic student. After completing a general B.A. at Brescia, Brown graduated from Althouse College and began teaching in 1984. Her comfort in an academic environment ultimately took her from the front of the classroom to the principal's desk. Her career path may seem straightforward, but it wasn't easy.

"When I worked to get my AQ (Additional Qualification) courses to become a principal, I was approached by my principal to go into administration.

"In three years, I did nine AQs, was still teaching at 70 per cent, and had all three children in elementary school," Brown said, adding that when she considers the dedication required at that time in her life, she can't believe she avoided majoring in Sociology because she was afraid of Statistics. Like many working mothers, Brown wonders if her family paid too steep a price for her professional success. She acknowledges that this consideration still exists for career women today. She encourages Brescia students to learn to balance expectations

while they're young and to take calculated risks. "Don't be fearful. I think sometimes fear of our own inadequacy prevents us from taking on new things. Pay no attention to the negative voice in your head. Just do it. Venture," she said with her arms outstretched.

Now that her three children are young adults, Brown is taking more personal risks. She said that an entrepreneurial spirit has always been present, so when the bookshop came on the market, she took the leap.

Since taking over the bookshop in March, Brown has been actively learning, listening, planning, and, of course, reading. "For me personally there's something about a book in your hand. You can go back to it and make notes. To a believer, a book is so much more than print. It represents somebody's heart and soul." Brown is putting her heart and soul into building on the success of the Village Bookshop so that it remains a special place for residents and visitors in Bayfield. To learn more about the shop, visit [www.thevillagebookshop.com](http://www.thevillagebookshop.com).

Join Mary Brown ('82), owner of the Village Bookshop in Bayfield, ON, in promoting your business to alumnae and other visitors to Brescia's "Alumnae in Business" web page. Contact the Alumnae Relations Office at [brescia.alumnae@uwo.ca](mailto:brescia.alumnae@uwo.ca) to learn more.



**What did you study at university?** I earned a B.A. from the University of Victoria, an M.A. from the University of Alberta, and a Ph.D. from McGill University in Montreal. All degrees are in Sociology.

**Whom do you most admire, or would you identify as a hero? Why?** I like people who struggle against all odds to do what is right. Two people come to mind—Winston Churchill and Nelson Mandela. Both saved humanity from calamity, but in different ways. My mother is also a hero to me; she was the oldest of nine children, and helped her parents in raising her siblings. Then she raised five children of her own, and died fairly young. It was not an easy life.

**What is the best book you have read recently?** *Three Scientists and Their Gods*, by Robert Wright. It is all about the intersection of science, information, and the transcendence of ordinary perception and understanding.

**Share a significant memory or experience about your time at Brescia.** When I think of Brescia, the first thing that comes to mind is the students, who have tremendous energy, discipline, and enthusiasm. I also think of the opportunity Brescia has given me to develop intellectually through teaching and research, and to hone my organizational skills. Having some inspirational colleagues is memorable as well.

**What is your greatest personal achievement?** I hope I've helped some students develop a sense of wonder about the world, and given them some tools to explore it. Working with the faculty association and administration to establish good terms of employment for faculty was worthwhile.



**What is your main concern about education today?** The increase in tuition fees for university students. Canada has a good university system, but as tuition fees creep up it gets harder for people in lower income categories to get a good education. There should be greater public investment in education to bring the fees down. We can afford it.

**What do you think is the most important benefit of receiving a liberal arts education?** The development of critical thinking is crucial. It's very important to be able to take an argument or statement and identify its strengths and weaknesses. A liberal arts education also provides a range of experiences, through reading, discussions, art, films, etc., that allows one to develop a broader outlook on life and to foster a sense of empathy with others.

**What is one adjective that you would use to describe today's Brescia students, and how are they different from students 20 years ago?** Energetic. Fundamentally, I don't think students are all that different today compared to 20 years ago. They are more "wired" or attached to electronic devices than they were before, but that's a mixed blessing. I think more students are working part-time or full-time compared to years ago, possibly because of higher tuition fees. That is unfortunate.

**Would you like to comment on a topic that has garnered recent media attention and is relevant to your teaching or research expertise?** My latest research looks at how both environmental and genetic factors influence political attitudes and behaviours. The idea of genetics influencing politics did not get a lot of attention from sociologists and political scientists until quite recently. My colleagues and I study twins, comparing identical (monozygotic) twins, who share 100 per cent of their genetic structure, with fraternal (dizygotic) twins, who share 50 per cent of the genetic material that varies between human beings. We've found evidence that among Canadians, political attitudes and even political party identification is partly influenced by genes.

**EDITOR'S NOTE:** Congratulations to Dr. Bell who has been promoted to Full Professor, effective July 1, 2010!



## Alumna Grace (Ciriello) Zapke ('91) is Santa Claus to Brescia Food Lab

Food Lab Instructor Lucy Mahood, pictured above, said opening the boxes of kitchen products from World Kitchen Canada (WKC) was like "Christmas in March!" Alumna Grace Zapke, category advisor at WKC, read about the fundraising effort to buy equipment for the Food Lab in the February issue of the *Brescia Broadcast* e-newsletter and contacted the Brescia Foundation with a generous offer. "I work for World Kitchen Canada, where we distribute some of the best products known for household use, such as Correlle, Corningware, Pyrex, Baker's Secret, and Chicago Cutlery. We always have extra product, which we regularly donate to our community, so when I read about the need for products in the Food Lab, I wanted to help. Why not get our future teachers and users of our products started with quality products?"

Zapke said she hopes to send more product soon. "Even though I didn't graduate from Foods and Nutrition, I did know that the program is an important part of the College. I just wanted to make sure the students in the kitchen lab could have some great products to work with."

# Get to Know Dr. Edward Bell



Dr. James Doelman teaches English to students at Brescia at all levels. He invites students to work on manuscripts with him for the opportunity to see and discuss original work.

BY JULIE MALTBY



**EVERY NOW AND AGAIN A RESEARCHER WILL MAKE A SIGNIFICANT DISCOVERY WHEN LOOKING FOR SOMETHING ELSE ENTIRELY, AND THE DISCOVERY PROVES TO BE SIGNIFICANT.**

**IT'S NOT AN ACCIDENT; IT'S A HAPPY SURPRISE, AS DR. JAMES DOELMAN, PROFESSOR OF ENGLISH, CAN ATTEST.**

The recently discovered poem – “On the death of Mr. Barker of Hammon, and his wife who dyed both together” – had been misidentified many years ago. Doelman discovered that George Herbert (1593–1633) was the author of the poem when he examined the original manuscript in the British Library. That manuscript appears on the page opposite this article.

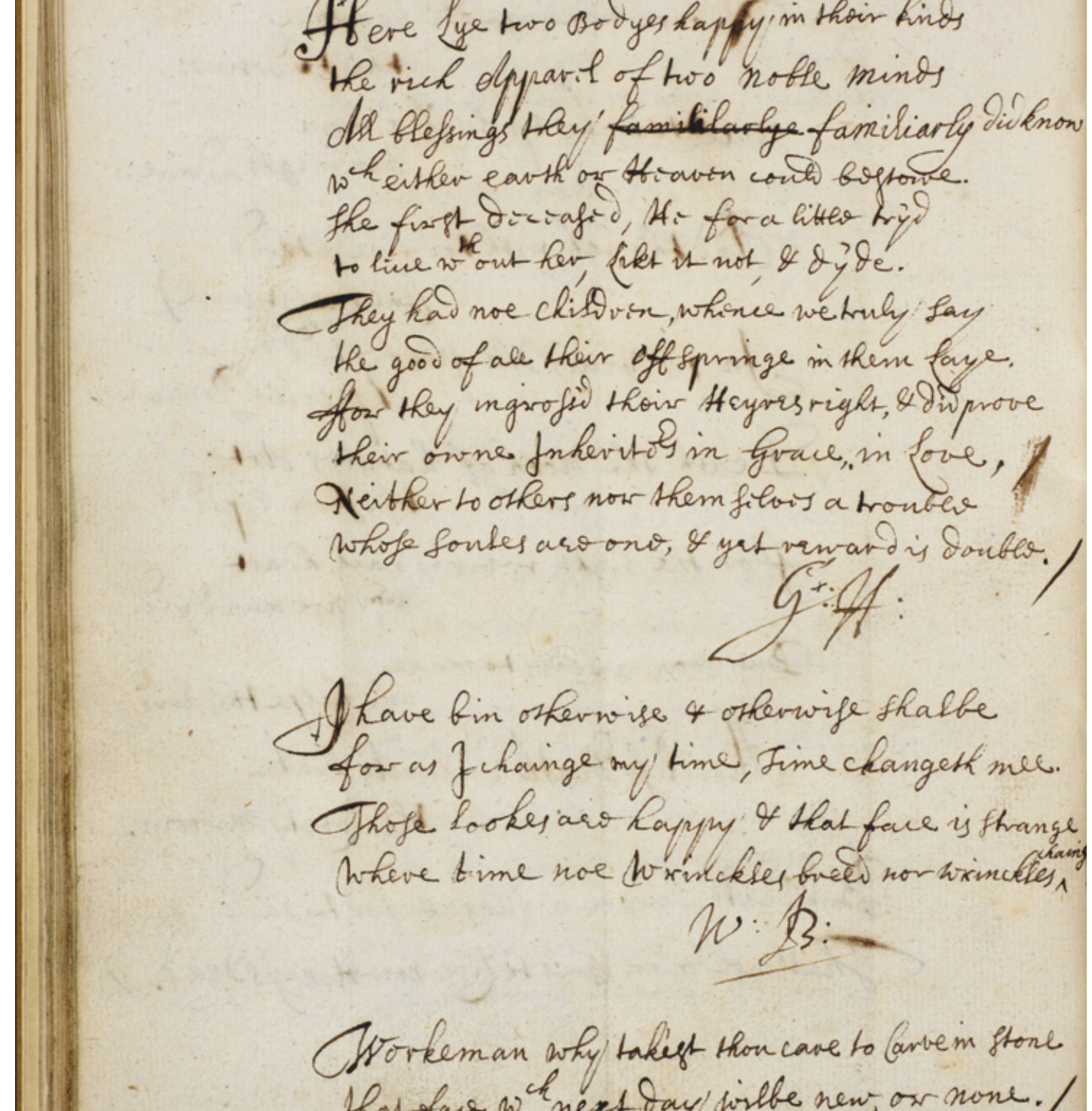
“When I was working on another article appearing in *The George Herbert Journal*—one of his Latin poems—I got nosing around and discovered his initials under another poem,” Doelman recalled. Those initials were a match with those on his recent discovery. To authenticate his finding, Doelman conducted some scholarly detective work and discovered someone else had misidentified those initials. Doelman also established that the poem was written in 1618 about Herbert’s aunt and uncle who died within months of each other. The poem has never appeared in any anthology or journal as Herbert’s because of the misidentification of those initials, so this was a significant discovery.

“I spent a lot of time with the manuscript because I realized that a lot of the poems were written about the wider family in Shropshire. I looked through a lot of the poems to see if there were others by Herbert before announcing my find. I was excited. It was one of those moments when you feel like a detective who has found the evidence. I told my wife, but didn’t get into a lot of specifics with other people at first,” he smiled.

After the discovery was authenticated by the scholarly community, Doelman published an article about his finding in the February 19, 2010 issue of the *Times Literary Supplement (TLS)*, a weekly journal of literary culture and reviews. “I published with TLS because part of their job is to edit and verify what they’re publishing.” Doelman has sent the evidence to other Herbert scholars since. The poem will be fully verified when it is included in the next published anthology of Herbert’s work.

Herbert, a minister with the Church of England, is famous for his devotional poetry. Doelman said this newly discovered epitaph will be of interest beyond academia because the couplet has been used and applied many times. Now those who recite these words will know where they came from and about whom they were originally written: “**The first deceased, He for a little try’d to live without her, likt it not & dy’d.**”

“One of the reasons I do so much work with manuscripts is the fact that there are thousands of poems that have never received scholarly attention. It keeps things fresh when we make new discoveries.”



# Brescia Professor Strikes Poetry Gold





## Cognitive Load Theory: How much is too much for the brain to handle at one time?

BY JENNIFER SPROUL

**FOURTH-YEAR PSYCHOLOGY & COMMUNITY DEVELOPMENT STUDENT, KATE BRYANT, HAS PUT COGNITIVE LOAD THEORY TO THE TEST WITH A GROUP OF JUNIOR AND SENIOR KINDERGARTEN STUDENTS. BRYANT EXPLAINED, "THE MIND CAN ONLY PROCESS SO MUCH INFORMATION AT ONE TIME, WHICH FORMS THE BASIS FOR COGNITIVE LOAD THEORY."**

As part of the thesis testing for this age group, Bryant explored how letter sounds can be taught using first sound mnemonics. A mnemonic is any trick used to help remember something similar by association. An example of a pictorial first sound mnemonic would be: "B is for Bear" to teach children the sound "buh", then using a picture of a bear to cue the sound "buh."

Using flashcard games to teach children letter-sound pairings, Bryant used four different conditions to explore how cognitive load might affect letter-sound production. For example, some of the children saw the letter "B" beside a picture of a bike, a balloon, and a banana, whereas other children saw only letters.

Bryant predicts, "Pictorial mnemonics may not be effective because the cognitive load they impose may be too much for that age group." This, she says, "isn't necessarily consistent with some of the strategies that teachers normally use."



## Strengthening Alumnae Relationships – On Campus and Off

The New Year marked the beginning of a new organizational structure for Alumnae Relations, which allows Brescia to increase its support of alumnae. Full-time Alumnae Relations Officer Colleen Aguilar of the Brescia Alumnae Relations Department and Foundation hit the ground running on January 4, 2010. When she's not meeting alumnae off-campus, she's busy learning about and creating opportunities to ensure that the goals and objectives of the position are in line with Brescia's bold initiatives for 2010.

In March, the first "Looking Forward 2 Breakfast" event congratulated this year's graduating class and educated the new alumnae about the special meaning and benefits of becoming a Brescia alumna. The majority of the event was sponsored by community partners and our Students' Council. The morning included a special send-off from Dr. Hanycz and graduands were welcomed to the Alumnae Association by members. This day marked a new Alumnae Relations initiative: the Brescia Alumnae card was given to each graduate in attendance.

Your Alumnae Relations Officer has sprung into action this spring with presence at Baccalaureate, a new "Ask A Grad" event, Brescia at the Verity, and the Alumnae Association Annual General Meeting. It probably goes without saying that *the* alumnae event of the fall is Homecoming; be sure to see the schedule and other details on page 20. These events are supported by other work to enhance affinity partnership relations,

develop regional alumnae chapters, and increase community outreach.

Brescia alumnae make up a unique group of more than 5,000 women living around the world. It is vital that we consistently enhance and improve our methods of communication, using all tools and technological capabilities available to us. Within the next 12 months, Alumnae Relations will ensure that the web site is the platform for current information, and a place of tribute to and recognition of those who have had a bold effect on the alumnae community. We will also be continuing to enhance our work with media discussion tools and live engagement with alumnae to ensure that no matter where one may be in the world, the opportunities to be involved and stay in touch always exist.



In the 2009–2010 academic year, four hundred Brescia students participated in community service learning or as volunteers through Brescia's Community Outreach Program. Alumnae are invited to access the services of the Community Outreach Office by contacting Donnafaye Milton at 519.432.8353, ext. 28152 or e-mail [dmilton4@uwo.ca](mailto:dmilton4@uwo.ca).

ABOVE: Student Margaret Ssemugenyi enjoys the company of a resident and a furry friend at Chelsey Park Retirement Community in London.





# Young Women Take the Lead at the Podium

BY JOCELYN LAGERQUIST

Photograph by Jason Sellinger.

Grade 11 student Natasha Raval is the winner of Brescia's second *Take the Lead* public speaking contest.

**"I KNOW, I BELIEVE, THAT THE NEXT GREAT SCIENTIST WHO FINDS A CURE FOR CANCER, OR THE NEXT GREAT LEADER OF THE FREE WORLD WHO BRINGS PEACE TO EVERY CORNER OF THE PLANET, IS A GIRL – A WOMAN – JUST WAITING TO BE FOUND, WAITING TO BE REALIZED, WAITING TO LEAD."**

On Saturday April 10, Brescia hosted *Take the Lead* and young women from across Ontario prepared and presented their responses to the question, "What does leadership mean to you?" The students' responses varied, but each one exceeded all expectations.

Some contestants explained that leadership means fighting against social injustices. Some contestants spoke candidly about family or community members who are strong female leaders. One contestant explained that leaders assume bold attributes: bravery, originality, loyalty, and determination.

The calibre of speeches presented, coupled with the contestants' poise and professionalism, made judging the competition quite difficult. Cynthia Good, director of Creative Book Publishing at Humber College, and a final

round judge commented, "It was an honour to listen to the poised, intelligent, strong women, and I was completely wowed by the winner."

Natasha Raval, a Grade 11 student from St. Thomas Aquinas Catholic Secondary School in London was awarded first place – and full tuition for her first year at Brescia. Christine Peet from Bishop Ryan Catholic Secondary School in Hamilton was awarded second place and Taylor Woodburn from West Elgin Secondary School in West Lorne placed third.

**"I HAVE ALWAYS HEARD ABOUT THE AMAZING SENSE OF COMMUNITY AND SPIRIT THAT BRESCIA IS KNOWN FOR. I AM EXCITED TO SOON BE PART OF SUCH A SPECIAL GROUP OF WOMEN AND YOUNG WOMEN."**

Raval explained that leadership means educating women in developing countries so they can become future leaders. Raval spoke on the topic with honest conviction and real-life experience because she grew up in Kenya and witnessed the need to educate women to become leaders to end the cycle of poverty.

When asked what plans Raval has for her future, she responded, "I have always heard about the amazing sense of community and spirit that Brescia is known for. But being here for the competition, I really got to experience all the great energy that surrounds the campus. I am excited to soon be part of such a special group of women and young women."

Brescia University College would like to congratulate all the young women who put their best voices forward at Brescia's 2010 *Take the Lead* public speaking contest.

## Brescia Bids Farewell to Sisters Corona and Dominica



**SISTER CORONA SHARP (1922–2009)**

The Brescia and Ursuline communities suffered a significant loss with the death of Sr. Corona Sharp ('47), OSU, on December 11,

2009. Many of you will remember Sr. Corona from her decades of service to Brescia as an English professor who had a particular love of children's literature and puppets.

Sr. Corona's only absences from Brescia since her graduation were to earn her M.A. and Ph.D. at Notre Dame University. "Sharpie" became famous for the puppet shows she directed for the purpose of teaching and entertainment. She summed up her teaching philosophy this way: "I love young people and enjoyed sharing with them my enthusiasms for Shakespeare, Bernard Shaw, Ionesco, and others. Literature is fun and the foundation of my creative undertakings."



**SISTER DOMINICA DIETRICH (1916–2010)**

"Sister D," as she was affectionately known, served as Brescia's Principal and Dean from 1963–1969.

Sr. Dominica was also the

Chair of the Home Economics Department and the President of the Canadian Dietetic Association in the late 1960s, leaving her mark on what is known as the Foods and Nutrition Program at Brescia today. Sr. Dominica received her Honorary Doctorate of Laws from Western in 1971.

The Sister Dominica Dietrich–Dr. Geraldine Montag Scholarship, established in June of 2007 by Dr. Montag ('47), is one of the many Brescia legacies that bear Sr. Dominica's name.



## JOIN THE CLASS OF 2000 IN CELEBRATING YOUR ANNIVERSARY AT HOMECOMING!



I encourage my fellow classmates and all alumnae to attend the Homecoming festivities at Brescia! While many aspects of the campus are the same, there have been many changes. For the first time ever, the gals from Brescia will be attending the football game for a Saturday afternoon of fun, food, and great company. Following our afternoon outing, we will have time to freshen up before attending the Brescia Cocktails & Dinner Classic. Reserve your tickets by contacting Colleen Aguilar, Alumnae Relations Officer.

*Tanya Pulley*  
Tanya Pulley-Mailhot ('00)  
Class Representative

ABOVE (FROM LEFT TO RIGHT): Rebecca Brady, Sara (Gasbarini) Lopetrone, Dr. June Matthews, Melanie Caldwell-Clark, and Tanya Pulley-Mailhot.

## Homecoming 2010 Schedule of Events

### SATURDAY, OCTOBER 2

- 10:00 a.m. **Homecoming Parade**—Open invitation for alumnae to ride the Brescia Float. Meet at Brescia at 9:00 a.m. Contact Sinead Drum at sdrum@uwo.ca for details.
- 11:30 a.m. Registration and Alumnae Gathering for all football game attendees. Meet at Brescia, where free parking will be available. The group will walk to TD Waterhouse Stadium for an on-site lunch.
- 1:00 p.m. **Homecoming Football Game at TD Waterhouse Stadium** Western vs. Queens. Ticket price: \$35 per person. Cost includes lunch, VIP seating, and tent access prior to kick-off. Brescia will have its own tent with VIP access, special prizes, and give-aways for all Brescia alumnae! Families are welcome. A tent and 75 tickets for Brescia alumnae have been reserved in the Brescia VIP area. **Contact Alumnae Relations Officer Colleen Aguilar by July 10, 2010 to reserve your ticket(s). Phone: 519.432.8353, ext. 28071. E-mail: caguila@uwo.ca.**

2:00 p.m. **Anniversary Tea in the Rose Room** followed by personalized campus tours

### COCKTAIL CLASSIC & DINNER CRAVE RESTAURANT

- 6:00 p.m. Crave Restaurant  
1737 Richmond Street N., London
- 6:30 p.m. Welcome message from Homecoming Chair and committee
- 6:45 p.m. Dinner  
Ticket price: \$45 per person in advance, \$55 per person at the door. Includes wine and three-course meal (soup/chicken or salmon/dessert & coffee/tea). **Contact Colleen Aguilar by September 1, 2010 to reserve your ticket(s).** Crave has donated a \$100 gift basket as a door prize for advance ticket orders.

### ON MAIN CAMPUS:

**Golden Anniversary Dinner for alumni celebrating 50+ year anniversaries, The Great Hall, Somerville House**

- 6:00 p.m. Reception
- 7:00 p.m. Dinner  
Tickets: Available for purchase in June.  
Price: \$50 per person. Call: 519.661.2199, ext. 85739

### SUNDAY, OCTOBER 3

- 10:00 a.m. Mass
- 11:00 a.m. Reception in the Living Room and class photos outside of St. James Building
- 12:00 p.m. Lunch in the Auditorium, St. James Building
- 2:00 p.m. Brescia Tour—departing from the St. James Auditorium foyer

## Sr. Mary Lou McKenzie Closes a Chapter 50 Years in the Making

BY JULIE MALTBY

**ON FRIDAY, APRIL 9, BRESCIA UNIVERSITY COLLEGE BID ADIEU TO SR. MARY LOU MCKENZIE ('58) WHO RETIRED TO VILLA ANGELA IN CHATHAM AFTER DEDICATING FIVE DECADES TO TEACHING AND COUNTLESS OTHER CONTRIBUTIONS TO HER BELOVED BRESCIA.**

Dr. Colleen Hanycz welcomed more than 100 guests, including members of the faculty and staff and 30 Ursuline Sisters, to a celebratory gathering to pay tribute to “an amazing educator, colleague, friend, mentor, and woman who has been an icon at Brescia University College for 50 years.”

English Department colleagues Drs. Monika Lee and Brian Diemert included puppets in their memorable presentation. During a heartfelt speech delivered by both professors, Lee said, “Every time I see or hear from one of her old students, they talk about how wonderful she was both in and out of the classroom. Her former students send her cards and letters and e-mails. She has mentored them tirelessly and with generosity. And the same can be said for all of the help and advice she’s offered us as English instructors.

“In a thousand large and small ways she turned Brescia into what it is today. But like a puppeteer, she has done so without drawing attention to herself. Sister Mary Lou, retired or not, you will always be a part of the Brescia family.”

In a very special moment, Sr. Marian Krauskopf delivered a reflection and led all of the attending Ursulines in a touching blessing of Sr. Mary Lou.

Gifts were presented from the Faculty and Staff Associations, and the gift from the College was a quilt made with Brescia colours and adorned with photos of personal and historical significance to Sr. Mary Lou. The beautiful handmade quilt was presented by Sr. Margaret Keller, Chaplain, and Julie Maltby, Communications, Marketing & External Relations Officer.

The lady of the hour had the last word. She spoke of her time as a student, of her work on a variety of committees—including the special place in her heart for the Alumnae Council—and of her love of Brescia students, colleagues, and alumnae. In her endearing way, Sr. Mary Lou poked fun at herself when she said that she has probably led students astray from time to time in her lessons, but with a big smile she said, “I did me best.”







## Brescia Student Takes Flight with Batty's Bath

In February, fourth-year Psychology student Jamie Sabot launched Batty's Bath—an entrepreneurial venture for which she makes pampering bath and body products that have been selling well online and at home parties since the launch in mid-February.

Sabot makes each product herself using all-natural, green, and ethical ingredients, and friends and family help with the environmentally-friendly packaging. “People are starting to seek out products that fit with their values instead of mindlessly buying whatever is on sale. I’m very concerned with human rights, prevention of cruelty to animals, peace, and humanitarian efforts. I choose to use local ingredients whenever possible so I can support our local economy, and most of my products are vegan-friendly. ‘Tread lightly’ is one of my mottos,” Sabot says.

The most popular Batty's Bath product is the moisturizing body butter made with sweet almond oil and shea butter, which sells for \$8.50 for a 118g (4 oz.) jar. “A little bit of this body butter goes a long way.”

Sabot is thrilled with the response to her handmade products. “It’s great to hear that so many people are already addicted to my

body butter and my products are slowly taking the place of all the other bath products in their bathrooms. I’d like to keep this momentum going and establish my business as my full-time job.”

To see the complete selection of *Batty's Bath* products, make purchases online, and get more information about “Sniff & Shop Open House Parties,” visit [www.battysbath.com](http://www.battysbath.com). Upcoming craft shows where the products will be sold are listed on Sabot's blog at [battysbath.blogspot.com](http://battysbath.blogspot.com). As a special bonus, Sabot will personally deliver the products right to the doors of alumnae living in London.

*Those attending Brescia's Breakfast for Bursaries event on October 21 can meet Sabot and see her products on display.*



### Brescia in Wonderland – A 90th Anniversary Celebration

All alumnae and families are invited to join the Ursulines, faculty, and staff for a community celebration at Brescia on Thursday, June 17 from 5:00 – 7:00 p.m.

# { MILESTONES | MARRIAGES | BIRTHS & DEATHS }

## MILESTONES

### '57/'58

#### MEMORIAL MASS

The Classes of '57/'58 had a memorial mass for **Pat Charles** on Friday, April 23. **Diane (Cronin) Warden** ('58) set it up and entertained afterwards. Those attending included **Nora (Hanley) Newton**, **Pat (Knowlton) Morris**, **Anita (De Carli) Baker**, **Laura and Nan Cooper**, **Mary K. (Brown) Kelly**, **Pat (La Voix) Stobbs**, **Mary McGrath**, and **Sheila Day**. On April 24, **Anita** and **Ed Baker** entertained family and friends at a 50th wedding anniversary at The Granite Club in Toronto.

### '59

#### MELINDA (CASSIO) DOZZI WRITES:

“Congratulations to the girls who went to their 50th reunion at Brescia: **Marian (Dravecky) O'Brien**, **Michele (Gore) Moffett**, **Helen Takach**, and **Barbara (Walker) Baker**. Marian and Barbara sent greetings at Christmas. Gerri (Giacinti) Dunn was able to see them at Marian's in Fonthill. They spoke with **Marion Leon** and said she is still a busy businesswoman. **Margaret Motz**, **Mary Kay (Cloutier) Ward**, **Anne Marie (Hargreaves) Christi**, and **Helen Hobson** are all well and keep busy with their many activities, including family, travel, and community events. As for myself, I have had surgery on both hips; it must have been from teaching Phys Ed—or just getting older. My family is well. Best to all.”

### '78

**PHYLLIS (DENLEY) MORGAN** retired from teaching with the District School Board Ontario North East, in Cochrane, Ontario in June 2009 after 31 years. She lives at their cottage in Bracebridge, Ontario.

### '87

**SARAH JARVIS** has completed her Bachelor of Education (University of Windsor) in the Intermediate/Senior (Secondary School) Division with English and Religion as her teachable subjects. After Convocation in June, she will be pursuing a career in education in the Windsor – Essex area.

### '89

**KELLY (WILKINSON) RANSOM** has two girls, aged 15 and 12, named Alexandra and MacKenzie. She has been married for 21 years to Andy. Both kids are competitive horseback riders (dressage & jumper). They own and live on a farm and work full-time. They have finished building their own barn—10 years after building their house.

### '93

**CONGRATULATIONS** to **Margaret (Malgorzata) Radzikowski, RD**, for receiving the “Reach for the Stars” Clinical Dietitian of the Year Award from Sodexo Senior Services in Fairfax, Virginia. This award recognizes the individual who leads

best-in-class by providing quality clinical nutrition service, which creates ongoing value for those served by The Virginian, considered amongst Northern Virginia's most respected continuing care retirement communities. Margaret has been an active team member with The Virginian since 1997.

### '98

**AMY BABCOCK** reports that she and Rick have two beautiful children, Madeleine, four, and Trevor, 22 months.

### '00

**LAURA (JACKSON) LAMB** graduated in 2000 from Foods and Nutrition. She is currently married to Michael Lamb and they have two boys: Victor and Zachary. Laura is currently living outside Brandon, Manitoba, where she and Michael have just moved into the dream house they have been building.

~Submitted by Shannon Smith.

### '02

**REBECCA YOUNG** sent greetings “from beautiful Rwanda.” After graduating from Brescia in 2002, and Althouse in 2003, she taught in London for four years. She is currently volunteering in Rwanda with the Canadian International Development Agency (CIDA) for one year, training primary teachers in rural schools. She says it is a challenging and phenomenal experience.

## MARRIAGES

### '05

**NICOLE (NIKKI) MACLELLAN** is now happily married and enjoyed a honeymoon tasting delicious food in Italy. She is a certified diabetes educator, working in a community-based family health team in Toronto.

## BIRTHS

### '60

**ANNIE (TAM) WONG'S** daughter Adelina Wong Ettelson recently gave birth to a baby girl, Tian Ettelson. Annie now has two grandchildren, Tyler, five, and Tian. She is hoping for a third from her son, Lester Wong, and his wife, Ronnie. Annie's husband, Dr. Alfred Wong, retired as a dentist 11 years ago. They now live in Richmond, British Columbia after many years in Burlington, Ontario. Both Adelina and Lester went to Western.

### '96

**COLLEEN (GRAVELLE) COXALL** and her husband Patrick are tickled pink to announce the arrival of their daughter Emma Ruth (January 2010). Emma is a little sister for brothers Andrew, six, and Owen, four. Colleen continues to live and teach high school in Ottawa, Ontario.



'99

**SHANNON (CLARKE) SMITH** welcomed Grady James Smith on May 11, 2009. He is a baby brother for Emily, who was born on February 4, 2003. Shannon finished her maternity leave in May, and has returned to work as a classroom teacher, after five years in various educational roles, including special education resource teacher, librarian, and literacy coach.

'00



**TANYA PULLEY-MAILHOT** and her husband Paul welcomed son Mitchell Paul Mailhot to their family on October 22, 2008. He is a very active toddler. Mitchell and his big brother, Max, love playing catch and with Lego together. The whole family is doing well in Dartmouth, Nova Scotia, and they all look forward to coming back to London this year to celebrate Tanya's 10th anniversary at Homecoming.

'04

**LAUREN STARR** welcomed Finn Russell Starkweather on July 21, 2009. He weighed 7 pounds, 10 ounces. He is a very happy child and is growing rapidly.

DEATHS

'47



**MARY ISABELLE (McCORMICK) GUICHON** died in Calgary on May 4, surrounded by her loving family. After her Brescia B.A., she earned a Bachelor of Social Work from the University of Toronto, worked in adoption placement and met her husband and the love of her life—the accomplished agriculturist Urban J.G. Guichon, with whom she had six children and their beloved grandchildren. Dedicated to serving her church, community, and democracy in Canada, she was a member of the Catholic Women's League, a founding board member of the Calgary Catholic Family Service Association, a Liberal candidate in the '72 federal election, and participated in two International Women's Year Committees.

'58

**PATRICIA ELLEN CHARLES** passed away on February 24, 2010. Throughout the 51 years during which she lived in Saint Lucia, her adopted home, Pat supported the arts, educational, cultural, and environmental landscapes of the nation, through dedicated and selfless service. She was an invaluable resource for many movements, agencies, and organizations at both the national and regional level and left an indelible legacy for her many Saint Lucian and Caribbean friends.

The Brescia community mourns the loss of Patricia Charles ('58) (right), winner of the Carmelle Murphy Alumna Award of Distinction in 2007. To read more about Pat, please visit the Notable Alumnae page online at [www.brescia.uwo.ca/alumnae/our\\_alumnae/notable\\_alumnae](http://www.brescia.uwo.ca/alumnae/our_alumnae/notable_alumnae) and refer to the Fall/Winter '07 Bulletin online at [www.brescia.uwo.ca/alumnae/brescia\\_bulletin](http://www.brescia.uwo.ca/alumnae/brescia_bulletin).



'67

**BRIDGET (BLACKWELL) HARRISON** passed away suddenly at age 63 on April 21 at her home in Mississauga. The beloved mother of Caleb Aaron Harrison, and 'Nanna' to Mason and Mecaela Harrison, she mourned the loss of Bill Harrison, the enduring love of her life, who predeceased her by one year. An accomplished actress, singer, and performer, she had roles at the Stratford Festival and the CFPL show 'Act Fast.' At a young age she traveled to Liberia with Crossroads International and then began a far-reaching teaching career in Ontario. Bridget touched countless educators in Canada and abroad and was a remarkable role model for all young women, and a true champion for teen mothers.

**Mother-Daughter Award**

Is your daughter a current Brescia student? She may qualify for the Mother-Daughter Award. Contact the Alumnae Relations Office at [brescia.alumnae@uwo.ca](mailto:brescia.alumnae@uwo.ca) or call 519.432.8353, ext. 28071 for details.

**Calling Story Tellers and Shutter Bugs!**

The theme of the Fall/Winter 2010 issue is "compassionate." You are invited to submit stories and photos by October 25, 2010 from your days as a student that demonstrate Brescia's spirit of compassion, and of your experiences as a compassionate alumna.



**We Want Your Feedback!**

An electronic follow-up Readership Survey will be sent out soon to collect your feedback on the new design of *Bold*. Please take a few moments to share your thoughts. If you have an active e-mail account but are not receiving the *Brescia Broadcast* and other electronic communications, please update your contact information at [www.brescia.uwo.ca/alumnae/update\\_your\\_info](http://www.brescia.uwo.ca/alumnae/update_your_info) or e-mail us at [julie.maltby@uwo.ca](mailto:julie.maltby@uwo.ca). To receive a printed copy of the survey, please contact Julie Maltby at 519.432.8353, ext. 28280.

**UPCOMING EVENTS**

**ALUMNAE ASSOCIATION ANNUAL GATHERING & GENERAL MEETING**  
Thursday, June 17, 2010  
7:15 p.m. – 8:30 p.m.  
Oak Room, Ursuline Hall

**DOORS OPEN**  
Saturday, September 18, 2010  
10:00 a.m. – 4:00 p.m.  
Brescia University College

**"ORDINARY MIRACLE": CELEBRATING 20 YEARS OF THE CIRCLE**  
Saturday, September 25, 2010  
7:00 p.m. – 10:00 p.m.  
Brescia Auditorium

**HOMECOMING**  
Saturday, Sunday October 2 & 3, 2010

**IWIL LECTURE OF THE SOPHIA SERIES, SPEAKER: SAMI JO SMALL – GOLD-MEDAL WINNING GOALIE WITH CANADIAN WOMEN'S OLYMPIC HOCKEY TEAM**  
Thursday, October 14, 2010  
7:30 p.m.  
Brescia Auditorium

**BREAKFAST FOR BURSARIES SPEAKER: CATHRINE ANN – AWARD-WINNING CANADIAN ENTREPRENEUR AND BUSINESS LEADER**  
Thursday, October 21, 2010  
7:00 a.m.  
London Convention Centre

**HELWA! SOUND OPERA & DANCE PERFORMANCE**  
Thursday, November 4, 2010  
7:30 p.m.  
Brescia Auditorium

**MORE THAN JUST A BOOK SALE**  
Saturday, November 27, 2010  
10:00 a.m. – 3:00 p.m.  
Brescia Auditorium

**RITUAL OF RE-MEMBERING – COMMEMORATING THE MONTREAL MASSACRE**  
Monday, December 6, 2010  
12:00 p.m.  
Brescia Auditorium



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Manuscripts, photographs, news items, and letters to the editor are welcome. Send by post to: Editor, *Bold*, e-mail [julie.maltby@uwo.ca](mailto:julie.maltby@uwo.ca), or use the form posted on our web site: [www.brescia.uwo.ca](http://www.brescia.uwo.ca).

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The alumnae magazine is published twice annually. Deadline for submissions for the Fall/Winter 2010 edition is October 25, 2010.

**Brescia University College Alumnae Council**  
Izabella Bielaska ('09)  
Melanie L. Caldwell-Clark ('00)  
Marilyn J. Campbell ('68)  
Tiffany Chin ('03)  
Sinead Drum ('11)  
Tanya Pulley ('00)  
Lisa Brandt ('88)  
Dr. June Matthews ('00)  
Catherine Davidson ('76)  
Kristal D. Hartwell ('03)  
Rebecca K. Laskey ('03)  
Helen McHenry ('67)  
Sr. Mary Lou McKenzie ('58)  
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\* No purchase required. Contest ends on January 14, 2011. Total value of each prize is \$30,000 which includes the Honda Insight EX (excluding applicable taxes, preparation and transportation fees) and a \$3,000 gas voucher. Odds of winning depend on the number of eligible entries received. Skill-testing question required. Contest organized jointly with Primum Insurance Company and open to members, employees and other eligible people of all employer and professional and alumni groups who have an agreement with and are entitled to group rates from the organizers. Complete contest rules and eligibility information available at [www.melochemonnex.com](http://www.melochemonnex.com). Actual prize may differ from picture shown.

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