

# BOLD

## REACHING FOR THE STARS

Living the dream of working at the U.N.

## USHERING IN THE NEXT 100 YEARS AND PREPARING TO CELEBRATE ITS 100<sup>TH</sup> ANNIVERSARY

Brescia begins construction on new Academic Pavilion

## INTRODUCING OUR NEW DEAN

Vice-Principal and Academic Dean  
Dr. Laretta Frederking

# BOLD

*What's Inside*

3

## LEARNING BY DOING

Message from the Principal

4

## VIEW FROM THE HILL

News from Brescia

7

## FLOATING HER BOAT

Brescia student Larissa Werbicki was Western's 2017 female athlete of the year

8

## REACHING FOR THE STARS

Mallika Auplish '13 is living her dream of working at the U.N.

11

## THE WAY WE WERE: PART FOUR

The fourth part in a series dedicated to the history of Brescia leading up to the 100<sup>th</sup> anniversary



12

## USHERING IN THE NEXT 100 YEARS

Brescia begins construction on new Academic Pavilion

14

## INTRODUCING OUR NEW DEAN

Brescia welcomes Vice-Principal and Academic Dean Dr. Laretta Frederking

16

## CANADIAN WOMEN ARE PLAYING A MORE IMPORTANT ROLE IN PHILANTHROPY

Message from the Interim Executive Director of Advancement

18

## SUPPORTING THE EXPERIENCE THROUGH LEGACY GIVING

Brescia alumna leaves a Legacy Gift to assist and empower future students

19

## LIVES REMEMBERED

Remembering the life of Brescia alumna Ann Hawkins, '63

20

## COMING FULL CIRCLE

Sylvia Ranson, '73 returns as a volunteer to where it all started

21

## MILESTONES

Catch Up with Fellow Alumnae



### Brescia University College BOLD Summer 2018

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*We reserve the right to edit some submissions for length.*

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 **Brescia**  
UNIVERSITY COLLEGE  
*Choose to Lead.*

## LEARNING BY DOING



Let's face it, hearing the term “experiential learning” can sound like just another polysyllabic abstraction. Perhaps even a little unclear.

But really, experiential learning is anything but boring. Experiential learning is simply education that intentionally connects learners with practical experiences in a real or simulated workplace while they're studying. This new/old approach to learning is an important focus at Brescia today for some very good reasons.

- Not everyone learns in an abstract, highly verbal way – many learn better hands-on.
- The ability to apply learning in the real world helps solidify and integrate new knowledge.

- Workplace experience helps students find out if they're aiming for the right vocation.
- It improves their employability, giving them practical experience and, potentially, references to enhance their resumes.
- It also gives employers access to bright young minds with new ideas and fresh perspectives.

Experiential learning is a strong focus of the Ontario government, and a natural fit with Brescia's student-centred culture. We already have lots of experience offering placements, practicums and internships, and are

now adding community service learning, simulations, and capstone projects. As part of our strategic commitment to this approach, we recently hired Tamara Thompson as our Learning and Development Specialist in Experiential Learning. She will increase opportunities for students and support faculty to integrate experiential learning into their courses.

If we do this right, our students will walk into their first jobs feeling more confident, capable, and aware. What a gift!

# VIEW FROM THE HILL

Mandi Fields '95 and Cindy Hartman '96 at the Alumnae Welcome Reception on April 5<sup>th</sup>.



High school students taking part in Just Own It, an entrepreneurial conference held at Brescia on April 12<sup>th</sup>.



Student and Campus Ministry celebrating Shrove Tuesday in February.



The Ursuline Sisters of Chatham Union alongside Lifetime Awards recipient, Maude Barlow, at the 2018 BresciaLEAD Awards Gala on April 19<sup>th</sup>.

Brescia faculty Dr. Marlene J. Le Ber, Dr. Nadine de Moras, Dr. Colleen O'Connor and Dr. John Mitchell in Cape Town, South Africa, in February, with The Girl Impact Project.

Sr. Mary Frances Dorschell '63 and '85 at her Brescia Farewell Reception with alumna Donah Mageto '16 in June.



Faculty, staff and students came together to recognize the #TIMESUP movement in solidarity of women's empowerment in January.

# VIEW FROM THE HILL



On June 27<sup>th</sup> Board Chair Karen Fryday-Field and husband Brian Field joined Chancellor Justice Eileen Gillese and husband Rob Badun at the annual Volunteer Appreciation dinner.



Alumnae Hien Ngo '16, Lindsay Vanderspank '16 & '18, Avery Gillis '14, Abby Wilken '16, Hayley Rankin '18 and Paige Walker '18 attended Brescia's Spring Welcome event on May 9<sup>th</sup> to speak to incoming Brescia students.



## CLASS OF 2018

Welcome to your Alumnae Association.



[brescia.uwo.ca/alumnae](http://brescia.uwo.ca/alumnae)

 **Brescia**  
UNIVERSITY COLLEGE  
ALUMNAE ASSOCIATION

[brescia.alumnae@uwo.ca](mailto:brescia.alumnae@uwo.ca)

## STUDENT PROFILE

# Floating Her Boat



## Brescia student Larissa Werbicki was Western's 2017 female athlete of the year.

If at first you don't succeed (or even like it), try, try again.

That's the lesson of Larissa Werbicki's athletic career. Enrolled in a learn-to-row class by her mother, she didn't enjoy or excel at the sport at first and resented getting up at 5 a.m. for practice. But that soon changed. In 2017, Werbicki became the first woman in the history of Canadian university rowing championships to win all three lightweight women's events in the same year, and she was named Western's top female athlete.

Werbicki was just 12 when she started rowing. Because the club in her hometown of Saskatoon was small, she trained with the masters' rowers – people in their 50s and 60s with lots of experience and knowledge. “They were people I looked up to,” she says. “I wanted to be as good as them.”

Gradually, she embraced a sport where perfection is always just out of reach. “Even the fastest rowers in the world have technical things they want to change,” she says. “It's great because you always have something new to work on.” She rowed throughout high school, and in her final summer, came third at the Youth Olympic Games in Nanjing, and second in the World Junior Championships in Hamburg.

Western, the home of the women's national rowing team, was a natural choice. Western's head coach Matt Waddell suggested that Werbicki consider Brescia. “I loved the close community and small classes,” she says. “I always felt the professors knew me as a person and were very understanding when I had to leave to compete.” She credits Jennifer

Coghlin, Brescia's academic advisor for varsity athletes, with helping her meet many of the challenges of combining academics with elite sport.

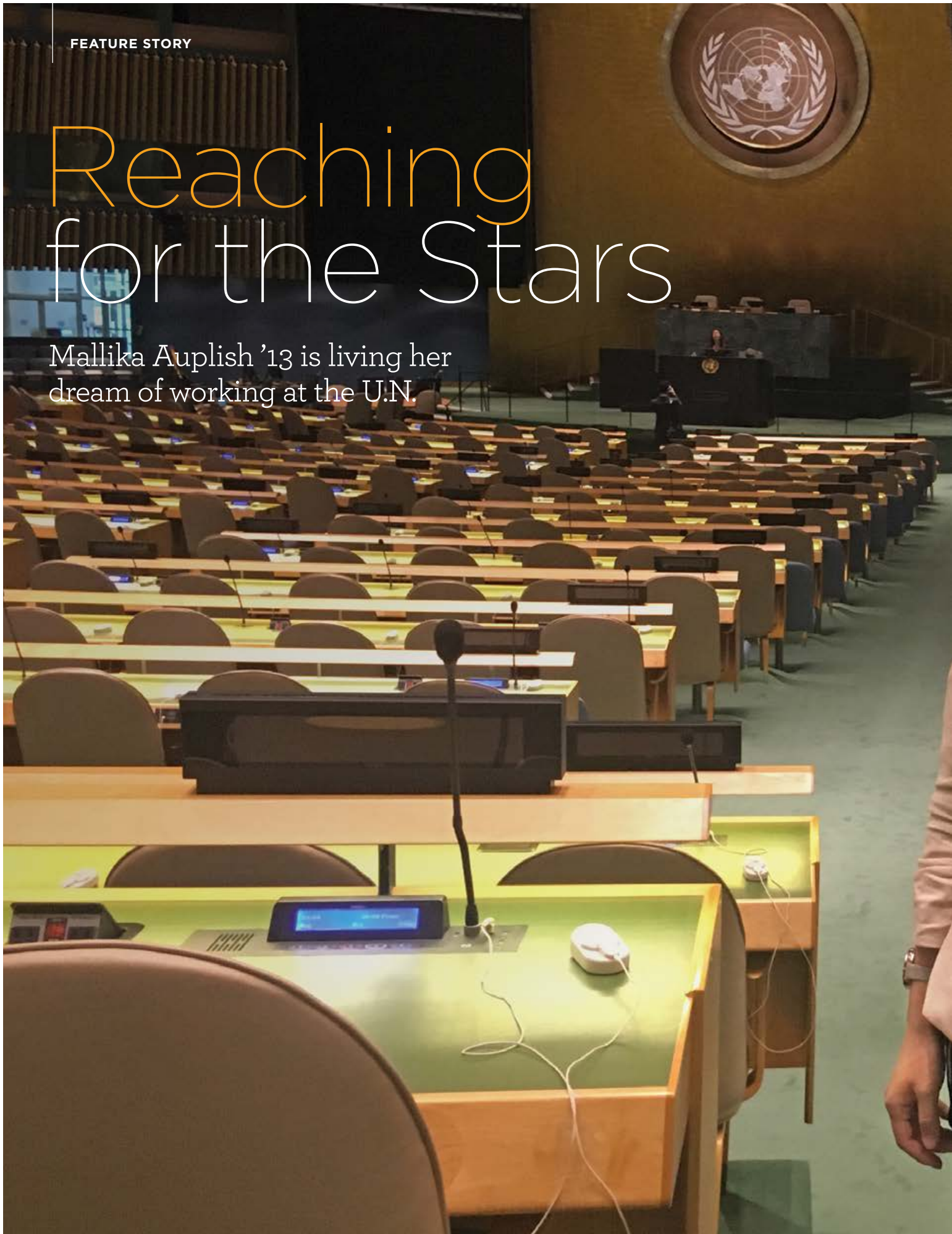
In May 2018, Werbicki moved to Victoria to train with the national team with the goal of making the 2020 Olympics. The regimen is tough: two or three training sessions a day, six days a week. “It's an exhausting lifestyle – I don't think I could do it if I wasn't enjoying it!”

Werbicki says her experience as an elite athlete has taught her many important lessons, including the value of teamwork. “When you're rowing with someone and you want to make the boat go fast, you don't have to be best friends. But you do have to work together!”

FEATURE STORY

# Reaching for the Stars

Mallika Auplish '13 is living her dream of working at the U.N.







Professor Steve Kleinknecht remembers a conversation he had with Mallika Auplish when she was in her second year at Brescia.

“She told me that her goal was to work at the United Nations,” he recalls. “I thought it seemed like a pretty lofty goal, but why not shoot for the stars?”

Within two years of graduation, Auplish was interning at the U.N. Today, she is a Program Associate at the Department of Peacekeeping Operations. She is also the lead of her department’s Secretary-General’s Gender Parity Strategy, where she supports senior leadership in implementing gender parity and provides strategic advice on gender policy and programmatic initiatives.

Auplish was born in New Delhi and spent her middle and high school years in Dubai. When it came to choosing a university, she considered Australia, the U.K., and Canada. She ultimately chose Canada when she came across the Brescia website. “It was a gut feeling,” she says. “I saw a picture of the library surrounded by snow. It looked cozy and I could just picture myself there.”

The Brescia environment fit her like a glove. “I appreciated the dedication to academics and holistic development,” she says. “I liked that the University was focused on female education and leadership.”

After Brescia, Auplish won a Rotary scholarship and prepared to study at the University for Peace in Costa Rica. But she ultimately chose a Fellowship with the renowned Teach for India program, which places exceptional young people as full-time teachers in some of India’s most under-resourced schools. “As a third culture kid, I wanted to reconnect with my roots,” she says. “It felt like giving back, which is something Brescia cultivated in me.” It was also an opportunity for her to gain a grassroots foothold in the field of international development.

*Continued on next page*

*I enjoy the complexities this work and lifestyle brings. At the U.N. you have 193 member states coming together to debate and make decisions, and given the uniqueness of the organization and the events that transpire, there may not be many precedents to learn from. It takes time and requires patience, persistence, passion, and especially a sense of humour.*

In addition to being a Fellow, Auplish helped launch a project to reduce gender-based violence and sexual exploitation. "Because it's such a taboo topic in India, even starting the dialogue and giving voice to the issues is very significant."

Upon her return to Canada, Auplish sought to broaden her experience within international development and affairs. After months of applications, she finally got the call offering her an internship at UNHQ on her birthday in 2014. Currently, in addition to her full-time job at the U.N., she is completing a Masters of Public Administration through the University of Birmingham to develop her managerial, operational, and strategic skills.

Auplish sees a rewarding future in helping shape policy and implementing programs in the intergovernmental sector. "I enjoy the complexities this work and lifestyle brings," she says. "At the U.N. you have 193 member states coming together to debate and make decisions, and given the uniqueness of the organization and the events that transpire, there may not be many precedents to learn from. It takes time and requires patience, persistence, passion, and especially a sense of humour."

This fall, Auplish will address a Brescia first-year seminar, Introduction to Global Challenges. Heather Campbell, Associate Director of the Advanced Learning and Teaching (ALT) Centre, is helping develop the course. She says Auplish will be an inspiring presence in the classroom. "Mallika is exactly who we need. She set a challenging – some might say unattainable – goal for herself, achieved it in record time, and is really passionate about her work."



# The way we were, Part Four

**In 2019, Brescia University College will celebrate its Centenary. In the lead-up to the celebration of this important milestone, BOLD Magazine is presenting a series of articles about our history and the Ursuline tradition. We acknowledge with thanks the wonderful work of Professor Patricia Skidmore, whose two-volume history of Brescia is the basis of these articles. In this installment, we re-visit the 1980s and 1990s.**

The 80s and 90s saw dramatic changes in Brescia's student body, academic offerings and governance structure. In 1980, there were 346 students and 34 faculty members, of whom 23 were laypeople. By the mid-90s, there were more than 900 Brescia students. In the early 2000s the faculty had grown to 70, of whom only two were Sisters. The program that began as a diploma in "home management" evolved into today's renowned undergraduate and graduate Food and Nutritional Sciences programs. Other course offerings and degree options expanded. Tuition rose from \$853 in 1980 to \$4651 in 2000.

Yet despite the changes, the Ursuline values remained at Brescia's heart. Heather Wilson '87 remembers Brescia as the best of two worlds. "You experienced the small, caring, nurturing environment of Brescia while also being exposed to the larger university." She recalls the role of the Sisters who lived in residence and watched over the students. "When they asked you how your day was, they really wanted to know!" Wilson co-chaired the traditional Orientation Week activities and served as Valedictorian in her graduating year.

Laila Velocci '93 has similar memories. "I was really amazed by how selfless the Sisters were, how they would take the time to sit down and talk to us, share their stories and encourage us." Velocci, who served as Students' Council President in her final

year at Brescia, is now a high school principal. She often finds herself offering similar advice - 'you can do it, don't limit yourself' - to her students.

*There was always somebody there who was eager to provide mentorship and leadership opportunities. It gave me a lot of confidence.*



Laila Velocci '93 with Sister St. Michael at graduation

Both women speak of the life lessons they took away from Brescia. "There was always somebody there who was eager to provide mentorship and leadership opportunities," says Velocci. "It gave me a lot of confidence." Wilson went on to a career as a dietitian and has received awards for her work as a volunteer. "Brescia helped me develop my self-confidence and leadership skills and taught me the importance of being part of a caring community."

In 1994-1995, Brescia celebrated its 75<sup>th</sup> anniversary with parties, displays, and a gala dinner. That year a process began that culminated in June 1999 with a ceremony marking the transition of Brescia's operation from the Ursulines to the new Council of Trustees. A long and

thoughtful planning process was led by the Brescia College Strategic Planning Committee. A document issued by the Committee in 1997 still resonates today: "Brescia College is a unique and blessed place. It is unique in Canada both in its commitment to the post-secondary education of women and its long history of being governed and administered by women. . . While mindful of the Ursuline tradition from which the College sprang and recognizing the defining values of the College as both cherished and open to new expression, Brescia College is ready to launch on a new phase of its history as a unique and blessed place of learning."

# Ushering in the next one hundred years

**BRESCIA BEGINS  
CONSTRUCTION ON NEW  
ACADEMIC PAVILION**



“One hundred years ago, a group of women started this university to enable and empower women to learn and to lead. Now we’re standing on the shoulders of those giants and taking their dream into the next century.”



**T**hat's Brescia Board Chair Karen Fryday-Field, talking about the University's new Academic Pavilion.

A ground-breaking ceremony was held on June 18<sup>th</sup> and the building is scheduled to open in 2019, during Brescia's centennial year.

The light-filled 30,000-square-foot building, designed by award-winning HDR Architecture and built by London-based Tonda Construction, will capture the best in educational design. It will include state-of-the-art food and nutritional science laboratories, sensory and research labs, two multi-tiered classrooms, informal study spaces, and an active learning classroom designed for dynamic group work. “As we enter into our next century of educating and empowering young women to lead, the Academic Pavilion will become a destination for cutting-edge research and new discoveries in learning,” says Principal Susan Mumm. “It will enable us to continue to engage our community in new and exciting ways on campus. I feel very privileged to be the Principal at a time when this is happening.”

L-R  
Lisa Haagsma (President, Alumnae Association)  
Karen Fryday-Field (Chair, Board of Trustees)  
Mikaila Hunter (President, BUCSC)  
Dr. Susan Mumm (Principal)  
Jim Yeomans (Scotiabank)  
Dathe Wong (HDR)

Dr. Paula Dworatzek, Chair of the School of Food and Nutritional Sciences and a Brescia alumna herself, worked closely with the architects at HDR to accommodate the needs of the program. She is thrilled that the Pavilion will house three new labs – one focused on industrial food preparation, one for domestic food preparation, and one for food science. There will be room for commercial-grade food prep equipment and more specialized scientific equipment, and experiential learning labs for counselling and assessment. The new classrooms will help the program accommodate larger introductory classes. “This represents growth in what we can offer students in terms of learning, skill-building and career preparation,” she says. “It gives us more visibility and creates the potential for partnerships with industry.”

Heather Campbell, Associate Director of the Advanced Learning and Teaching (ALT) Centre, is also excited about the potential of the new building. “The active collaborative learning spaces in this building will mean enhanced, deeper learning for our students,” she says. “It will enable faculty to engage in more innovative teaching strategies that benefit female learners.”

Fryday-Field is pleased that the building will use Brescia's existing footprint, taking up no new land. “This building will be full of light – a vibrant learning space,” she says. “The Pavilion will not only enhance and enrich the personalized learning experience for Brescia students, but will also strengthen the University's connections within the London community and Ontario by helping to support economic growth and development in food sciences research and development.”

“There are many people within the Brescia community and beyond, who support excellence in women's education and the values of learning and leadership on which Brescia was founded. We are preparing for a future in which more women take their rightful places as leaders.”

# Introducing our New Dean

Brescia's new Vice-Principal and Academic Dean Dr. Laretta Frederking grew up just outside London, Ontario. A political scientist, her interests include relationships between migrant populations and host communities, and the interplay between laws and cultural norms. She most recently served as Associate Provost at the University of Portland.



**Q.** What's it like to come home to London?

**A.** It's a tremendous opportunity to reconnect and contribute to the communities that shaped me. I feel as though I've been on a long journey, collecting experiences and broadening my perspectives, and now I can use what I have learned in a place and with people about whom I care deeply.

**Q.** How do you approach teaching?

**A.** I want my students to learn the confidence to be curious, and the commitment to collect and weigh evidence against claims and theories. I want the classroom to be a rich place where we grapple with ideas together - a place where people participate because they have something to say.

**Q.** Why did you choose to become an academic leader?

**A.** For me, academic leadership is about service. Earlier on in my career, others invited me to take on new challenges. And I relished those invitations, seeing them as an opportunity to work with others to support the development of future leaders.

**Q.** Why Brescia?

**A.** We live in a time when education needs to be of the whole person. We need to attend to the ethical as well as the intellectual. Brescia is a leader in this approach. It is nurturing innovative ways to teach, providing unique learning opportunities, and constructing meaningful learning outcomes. I want to be a part of that.

**Q.** What else are you passionate about?

**A.** Writing - fiction more than non-fiction now. Living my values. Leaving the world a better place.

**Q.** What's your favourite place to think?

**A.** Anywhere with my family. When they're nearby, I feel comforted and ready to liberate my thoughts. Running is another good place. I always begin a run with a question and let the endorphins and good energy unpack it!

**Q.** What's always in your carry-on?

**A.** The Financial Times, a novel, and a notebook to write down my thoughts.

**Q.** Your favourite book?

**A.** Depends on the day! One is Hermann Hesse's *Narcissus and Goldmund*. In it the two main characters live very different lives and have different values but love each other dearly. For me, it's about the treasure of an authentic, well-lived friendship.

**Q.** Your favourite film?

**A.** I often include *Goodbye Lenin* in my comparative politics classes. It's a beautiful film with a strong sense of how politics affects lives. The main character exudes a profound, exquisite pain at the thought of change, but simultaneously embraces the excitement of the future. I love that message for young people.

## *Faculty Award Winners*

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L-R  
Dr. Paula Dworatzek  
Dr. Danielle Battram  
Lucyna Mahood

### **Award for Excellence in Research: Dr. Paula Dworatzek**

- Lead author for the Nutrition Therapy chapter of the Clinical Practice Guidelines for the Canadian Diabetes Association
- Pioneered the Balanced School Day research and program focussing on healthy lunches and food intake for children in the elementary classroom setting
- Oversaw the implementation of a peer nutrition education program, FRESH, at Brescia and Western University.

### **Award for Teaching Excellence, Full-time Faculty: Dr. Danielle Battram**

- "Dr. Battram has the ability to not only help students further their knowledge, but also to further their ability to think critically, to reason and to challenge."
- "She is able to captivate her student audience during seminar discussions in which she discusses late-breaking research and incorporates it into what the students learn."

### **Award for Teaching Excellence, Contract Faculty: Lucyna Mahood**

- Brescia's food lab instructor since 2000
- "Mrs. Mahood has not only been a great professor, mentor and wonderful leader, but she has taken the time to encourage every student who is enrolled in her courses."
- "She helps students identify their strengths, giving them confidence and inspiration to pursue their goals."

## Canadian women are playing an ever more important role in philanthropy, and that's good news for Brescia University College.

**B**efore I tell you more, let me share my own journey. I came to this sector after working in healthcare and running my own real estate brokerage. Since becoming involved in philanthropy, I have worked in New York City, Washington, Toronto, and most recently at Queen's University. Now I'm excited to be leading the advancement effort at Canada's only women's university. I love the energy of being on campus with young people, and the feeling that I have an opportunity to make a difference in their lives.

So, what is philanthropy and the culture of philanthropic support? Philanthropy is a Greek word that means "love of mankind," and usually refers to an idea, event or action that is done to better humanity.

Canadian women are coming to the forefront in philanthropy. We have more economic influence and wealth and are more likely to hold leadership roles than ever before. Research suggests that women are most likely to embrace the culture of giving back and want to be involved in all types of charitable activities more so than men. Women also tend to donate more frequently.

But it's worth remembering that women's philanthropy is nothing new at Brescia. The Ursuline Sisters led the way and were the original philanthropists here. Without their generosity and vision, this University wouldn't exist. The impact of their philanthropy is seen in the countless women whose lives were transformed by their experience at Brescia.

Now, as we prepare to enter our centennial year and look forward to the opening our beautiful new Academic Pavilion, the example of the Ursulines leads us on.

We recognize that people give in many ways and according to their capacity. In keeping with Brescia's ethos, our goal is participation. We want to be able to say that of all Canadian universities, Brescia is supported by the largest percentage of our alumnae. Every gift is welcomed and valued. Every gift makes a real and tangible impact in the lives of young women.

Before I finish, I want to offer my congratulations to Lisa Haagsma, President of the Brescia Alumnae Association. Thank-you Lisa for exemplifying the best in women's leadership.







L-R  
Chris Patrick '97  
Jo-Anne Mancini  
Heather Hardy '11  
Lisa Haagsma '92 & '07



# Supporting the Experience through Legacy Giving

Brescia alumna leaves a legacy gift to assist and empower future Brescia students.

Imagine a little girl, seven-years-old, standing on the deck of an ocean liner in Halifax harbour, shivering in the unfamiliar cold. See her staggering from the train in mid-winter Sault Ste. Marie after many hours of travel, greeted by a father she hadn't seen in five years. Imagine her starting school in a new country with almost no English.

Rose Belsito was that little girl. Yet by the time she was in Grade Three, she had one of the highest marks in her class. Eventually she moved on to an all-girls high school. One day in an English class led by a young woman, she decided that she wanted to be an English teacher too.

Rose's parents weren't well off, and she and her siblings took out student loans and worked after school and in the summer to save for tuition. She says Brescia was "a perfect fit." It was comfortable and welcoming, and gave her the opportunity to meet students from other countries. Even

when she graduated and enrolled in teacher training at Althouse College, she stayed in residence at Brescia. Rose went on to teach in Cambridge, completing a Masters degree in 1980. She moved back to the Sault, where she taught at several local high schools, retiring after 36 years as an educator.

Remembering Brescia with great fondness, Rose made regular contributions to the University over her career. When the new residence opened in 2013, she made a more substantial contribution. Most recently, she took steps to leave a legacy gift, not only to thank Brescia for the impact the University has had on her life, but to assist future Brescia students with their education. Rose arranged to leave a planned giving donation to Brescia in her will.

What drives her generosity? She says simply, "I've always believed in education for women. Your financial situation should not prevent you from getting the education you want."

Rose hopes to return to celebrate the University's centenary in 2019. "Part of what I have become is because of Brescia," she says. "A women's university changes the dynamic - women don't take a back seat. That environment had an impact on me, and I want it to continue for other women."

We invite you to join Rose and other alumnae in leaving a lasting legacy to Brescia. Our Advancement team is available to work with you and your financial advisor today.

To learn more, **contact [supportbrescia@uwo.ca](mailto:supportbrescia@uwo.ca)** or **519-858-5005**

# Ann Hawkins '63

The earlier in life that you establish sound habits in the basic skills of managing time and maintaining leisure activities, the more you will enjoy the long-distance run of adult life.



Those words were spoken by Ann Hawkins at the 2007 Brescia Baccalaureate celebration. For close friend and fellow '63 alumna Mary Teresa Goodwin, they capture much of what made Ann such an exceptional woman, capable of managing a successful consulting business while balancing a full and active life.

After graduating from Brescia, Ann forged a career as a human resources executive. Life as a woman in corporate Canada wasn't always easy, but according to Ann's cousin, Jane Sanders, "She had a very strong will and a lot of faith in herself."

Ann completed a master's degree in Human Resources at American University in Washington D.C. in 1984. She then launched her own business, consulting in organizational change with public, private, and non-profit organizations. Along the way she taught at the Rotman School of Management at the University of Toronto and helped develop Rotman's Leading Strategic Change Program.

A tennis player since childhood, Ann was a member of Western's varsity tennis team. She belonged to the Boulevard Club in Toronto and continued to play several times a week throughout her life. She also enjoyed health and fitness through spin classes, yoga and mindfulness meditation.

Ann reconnected with Brescia when she attended a presentation on strategic planning by then-Principal Dr. Theresa Topic. She became Chair of the Brescia University College Foundation in 2011, helping to develop a strategic planning process and launch fundraising initiatives for scholarships. "What strikes me is the depth and richness of the changes Brescia is making," she once said. "They are not just cosmetic, and most importantly, they are in concert with the Ursuline values."

She also offered her time to a variety of other organizations, including the YMCA of Metropolitan Toronto, Family Service Toronto and the Registered Nurses Foundation of Ontario.

**In preparation for her Baccalaureate presentation in 2007, Ann asked eight women leaders for their best advice. Among the enduring words of wisdom she shared with the graduating class:**

- Don't be afraid to take risks.
- Don't try to go it alone. Create a support organization just for you.
- Think big.
- Find an outlet to have fun.
- Family and career can be done but be sure to get the support you need.
- Don't compare yourself to others. Look at where you were six months or a year ago.

# Coming full circle

After an eventful life, Sylvia Ranson '73 returns as a volunteer to where it all started.



**D**uring Sylvia Ranson's first year in her degree program at Brescia, she was feeling overwhelmed. She went to see an Ursuline Sister in the senior administration, and said she was inquiring "on behalf of a friend" who was considering dropping out and taking a one-year teaching diploma. The Sister sternly replied, "Sylvia, you'd better not even consider dropping out - it would be a huge mistake."

It was good advice. In her many years as an Office Administration teacher at community colleges, Ranson has often found herself offering similar words to anxious students.

Ranson's father died when she was in high school. This was a difficult time for her and her six siblings. Following high school, and one year of secretarial training, she worked to help support the family. It wasn't until several years later that she enrolled in Brescia's Preliminary Year program, and then continued on to complete the degree in Secretarial Science. "For me,

university was freedom, learning, and the opportunity to discover myself," she says. "Brescia was the perfect place - small with a close-knit community. I felt a confidence I had never felt before." She embraced the student activism of the early 70s and served as Brescia Student Council President during the period when student evaluations of professors were introduced.

One day in class, her professor announced that Ontario's community colleges were hiring instructors with both degrees in Secretarial Science and practical work experience. Ranson applied and was hired to teach at St. Lawrence College in Kingston. Ten years into her career, she took a major risk, quit her job and moved to Bahrain to teach Arab women at a college modelled after Canadian community colleges. She worked there for three years and had her first child there. Then it was on to Sir Sandford Fleming College in Peterborough. While there, she had her second daughter, and after ten years, returned to the Middle East

where she taught for seven years in the United Arab Emirates at newly formed colleges that were also modelled after Canadian community colleges. Says Ranson, "My degree has been my ticket around the world!"

Back in Canada, she took a job teaching at Conestoga College, where she eventually became a Chair in the School of Business and Hospitality. She also reconnected with Brescia, returning to Homecoming in 2008. "You find as you get older that things come full circle. Reconnecting reminds you of who you are and where you came from." It's that thinking that motivated Ranson to join the Brescia Alumnae Association and serve on the Homecoming Committee.

Ranson hopes Brescia will continue to foster women's leadership in its second century. "There is power in women supporting women. I have had many wonderful female role models during my career and Brescia needs to continue in that role - to be bold, stay the course, and be proud of what it is."

## MILESTONES

### *Catching up with Alumnae*

#### **BERNICE CASEY '52**

Brescia was sorry to hear about the passing of Bernice Casey '52 on April 20, 2018.

**DIANE WARDEN '58** and Olympic Bronze Medalist Brian Orser at the Toronto Cricket Skating and Curling Club in 2012.



#### **JACQUELINE BIRD '71**

recently moved to Oak Bay, Vancouver Island and is enjoying the community and the climate!

#### **BARBARA D'ORAZIO '71**

recently took a management position with JRWatkins and is enjoying it. She also recently became a grandmother again to a baby girl in May with another one expected to arrive in the fall.

#### **PAULA DWORATZEK '88**

and Chair of the Brescia School of Food & Nutritional Sciences was recently recognized as a Dietitians of Canada Fellow at the annual Member Awards Ceremony held in Vancouver BC on June 7.



#### **KAREN (CLIFFORD)**

**KILBOURNE '05** and her husband, Jayden, are delighted to announce the birth of their daughter, Lily Marie Kilbourne. Lily was born on November 23, 2017 in London, Ontario weighing 6 lbs. 8 oz. and was 20.5 inches long.



#### **KRISTYN (MOIR) HICK '07**

was married July 17, 2015 to Jason Robert Hick; they had their first child, Emmett Harris, on August 10, 2017.

#### **KELSEY (MCLELLAN) BRON,**

'10 and husband Derek welcomed their first child, Henry William on March 4th 2018 weighing 7lbs 11oz.

#### **CHARLENE PAYETTE '13**

married Jeffrey Bushell, who graduated from King's University College, at Fernwood Hills in Komoka on May 26, 2018. Her bridesmaids consisted of three Brescia alumnae:

**JENNIFER MARSH '11, SARAH (PAOLINI) ANSELL '12** and **TARYN SCRIPNICK '15.**



## STAY CONNECTED TO WIN A RING!

As Brescia prepares for its Centennial in 2019, don't miss out on any news and events.

Update your address and contact information by October 31<sup>st</sup> for a chance to win a **FREE ALUMNAE RING!**

[brescia.uwo.ca/alumnae-update](http://brescia.uwo.ca/alumnae-update)



# MILESTONES

## *Catching up with Alumnae*

*keep us updated!*

Send your photographs and milestones to [brescia.alumnae@uwo.ca](mailto:brescia.alumnae@uwo.ca) and keep your fellow alumnae up to date

**KATHLEEN MCKEOWN '14** attended Althouse College at Western University to complete her B.Ed. focusing on secondary family studies and science education. She then went on to complete a Masters of Arts in Counselling Psychology. She works as a psychotherapist in London and also teaches psychology at both Brescia and main campus.

**DALIA WOOD '15** continued her education with a master's degree in Spiritual care and psychotherapy. She travelled to Cairo, Egypt for six months and worked with survivors of sexual abuse and assault; she also taught Emotional

Intelligence curriculum to leaders in the community.

**JOSIE NELSON '16** was married on July 29, 2017 to Leigh Nelson, from Indiana. She moved to San Diego to be with him where he is a member of the U.S. Navy. She graduated from Wilfrid Laurier University with a Masters of Arts in Social Justice and Community Engagement in October 2017.



**BRITTANI SCHROEDER '17** works in the publishing industry as a representative just four months out of university. During her time at Brescia, she wrote for the Brescia Buzz and was a soph for three years.



**LINDSAY VANDERSPANK '16 & '18** was recognized with a Judy Van Tilburg Memorial Bursary at the recent Dietitians of Canada Member Awards Ceremony held in Vancouver BC on June 7, 2018.

**STEPHANIE HEVENOR '18** is currently a practicum student in Brescia's Diploma in Dietetic Education and Practical Training.



BRESCIA'S 100<sup>TH</sup> ANNIVERSARY

*Save  
the Date*

**JANUARY 27, 2019**

**Centennial  
Opening Ceremonies**

With the Celebration of the  
Feast of St. Angela Merici

*#Brescia100*  
[brescia.uwo.ca/100](http://brescia.uwo.ca/100)



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# COME HOME TO BRESCIA

October 20<sup>th</sup> – 21<sup>st</sup>



**REGISTER NOW!**

[brescia.uwo.ca/homecoming](https://brescia.uwo.ca/homecoming)

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